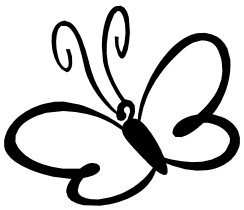
The Butte College Foster/Kinship Education Program
Presents Trainer: Lisa Jackson



Attachment: What It Is and How It Works
Parenting the Attachment Challenged Child

Date: Friday November 15, 2019 & Saturday November 16, 2019
(Each two day workshop is a complete training)

Time: 10am to 5pm (one hour no-host lunch break)
Location: The Butte College Skyway Center
2480 Notre Dame Blvd. Chico, CA 95928

- **Understanding Attachment**
- **Techniques for parenting youth who are attachment challenged**
- **Taking care of ourselves in the process**
- **Facilitating Developmental attachment with your youth**
- **Teaching self control and setting limits-We can't give away what we don't have**
- **Navigating all the rest**

LEARN creative ideas that work and HAVE hope that you can have a little peace and my gosh, maybe some laughter in your lives again! ☺

Friday:

- **Sets the foundation for developing understanding about what attachment is and how it works. Understanding grief and loss and how children process grief and loss will be part of this discussion. Resources within and outside the community will be made available.**
- **Maintaining other primary relationships and self care are both integral pieces of parenting any special needs child. How to maximize opportunities for doing so will be covered. Bring an empty basket to class today-this is part of Friday's homework!**
- **How it looks…Parenting an attachment challenged child can feel crazy-making, and by gosh, it can look downright odd to the outside world. Learn how to advocate for your child and educate others about your child's needs while still being able to maintain your-and your child's privacy and dignity.**
- **Meeting your child's unmet emotional needs. The "How" in "How to parent the attachment challenged child."**

Saturday:

- **Hear about current models for parenting the attachment CHALLENGED child**
- **Videos from well-known attachment parents and therapists will be part of this class session**
- **Things that work well, things that work better…**
- **Trouble-Shooting issues that are specific to your youth/situation will be covered in today's class.**

Please call Butte College Foster/Kinship Care Education at 530-897-6235 to sign-up for any of these classes. **If you are new to the program or have not attended training recently please arrive 15 minutes early to fill out mandatory paperwork or fill it out from the website and bring it with you**. **www.butte.edu/fosterkinship/**

☺☺ ***Thanks for your cooperation, it really helps!! Choose Your Attitude AND Make It A Great Day!!*** ☺☺