

**The Butte College Foster/Kinship Education Program
Presents Trainer: Russ Hansen, LMFT
Dr. Becky Bailey's Conscious Discipline
In Chico and Oroville**

Conscious Discipline is completely based on the work of Dr. Becky Bailey at Loving Guidance Inc. Conscious Discipline is a comprehensive life management program and social-emotional curriculum based on current brain research, child development information and developmentally appropriate practices. Conscious Discipline has been specifically designed to make changes in the lives of adults first. The adults in turn change the lives of children. Dr. Becky Bailey's Conscious Discipline empowers adults with the Seven Powers for Self-Control. These powers change adults' perception and relationship with conflict, empowering them to be proactive instead of reactive during conflict times. As adults begin to change their attitudes and behaviors, so will the children in their care. We cannot teach behaviors and skills that we do not possess ourselves.

CHICO:

Location: The Butte College Skyway Center 2480 Notre Dame Blvd. Chico, CA 95928

Thursday Evening Workshops 6:00pm to 9:00pm

**Week 1: March 28, 2019, Week 2: April 4, 2019, Week 3: April 11, 2019, Week 4: April 18, 2019,
Week 5: April 25, 2019, Week 6: May 2, 2019, Week 7: May 9, 2019, Week 8: May 16, 2019, Week 9: May 23, 2019**

OROVILLE:

Location: Northern Valley Catholic Social Services 2185 Baldwin Ave. Oroville, CA 95966

Wednesday Evening Workshops 5:30pm to 8:30pm

Week 1: January 9, 2019, Week 2: January 16, 2019, Week 3: January 23, 2019, Week 4: January 30, 2019, Week 5: February 6, 2019, Week 6: February 13, 2019, Week 7: February 20, 2019, Week 8: February 27, 2019, Week 9: March 6, 2019

Please call Butte College Foster/Kinship Care Education at 530-897-6235 to sign-up for any of these classes. **If you are new to the program or have not attended training recently please arrive 15 minutes early to fill out mandatory paperwork or fill it out from the website and bring it with you. <http://www.butte.edu/fosterkinship/>**

Thanks for your cooperation, it really helps!! Choose Your Attitude AND Make It A Great Day!!