ADULTING WORKSHOPS

Need to brush up on your grown-up skills?
These workshops and activities will teach you
some necessary life basics.

Feb. 8
12:30 p.m. - 1:30 p.m.
Campus Center 116

Let's Talk About Sex
Orgasms, masturbation, protection, oh my! All types of sex should be healthy and fun! Join us for a liberating presentation about what it means to be sexually active in 2017! Plus an anonymous questions and answer session to follow.

Feb. 15
11 a.m. - 12 p.m.
Campus Center Lounge

Crochet Away
Envious of all the amazing handmade scarves and hats that were out this winter? Crocheting is a hands on craft everyone should know! All attendees will receive yarn, needles, and step-by-step instruction to crochet away!

Mar. 1
1 p.m. - 2 p.m.
Campus Center 116

Health with Essential Oils
Curious about the power of Peppermint or the calming of Lavender? Essential oils have been used for thousands of years for personal care. Our essential oil expert will walk you through the history and basics of these aromatic approaches to self care.

Apr. 12
12:30 p.m. - 1:30 p.m.
Campus Center Lounge

Act Your Wage
They say it's not what you make but what you owe. Why credit, loans, budgets,and savings matter - and why they matter now! Our financial expert will guide you on how to stay ahead in the financial game.

May 2
2 p.m. - 3:15 p.m.
CAS 229 (In the LRC)

What's Your Brand?
The job market can be a competitive place and you want to be sure to stand out. Come hear from local hiring agents and resume experts on how to make you and your resume stand out!
Feel free to bring a copy of your resume for one-on-one help! (Not mandatory)

BUTTE COLLEGE
STUDENT LIFE

Questions? (530) 895-2392

This event is wheelchair accessible. If you require another type of accommodation or adjustment, including interpreting services, contact Mallory Holt, Student Activities Office, as soon as possible but no later than five (5) business days prior to the event. Requests can be made by telephoning 530-895-2428, 8:00 a.m. – 5:00 p.m. Monday through Friday.