

ROADRUNNER RISE

Camp Fire Emergency Assistance Grant Presents

RealResilience

Workshop Series

PRESENTED BY

Devjani (Juni) Banerjee-Stevens, PhD

9/30 What IS “resilience”?

10/07 Adverse Childhood Experiences Suck

10/14 Intergenerational Trauma Sucks

10/21 Positive Childhood Experiences Don’t Suck.

10/28 We Need a Plan for REALResilience

11/4 REALResilience Skill - Relate

11/18 REALResilience Skill - Regulate

TBD REALResilience Skill - Repair

12/2 REALResilience Skill - Repeat

12/9 So, What is REALResilience?

JOIN US!

EVERY WEDNESDAY
3-4:30 PM

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